



## **Adaptive Riding Program Participant's Application and Health History**

### **GENERAL INFORMATION**

Participant: \_\_\_\_\_  
DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Gender: \_\_\_\_\_  
Home Address: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ Alt Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Employer/School: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Parent/Legal Guardian: \_\_\_\_\_  
Caregivers: \_\_\_\_\_  
Address (if different from above): \_\_\_\_\_  
Phone: \_\_\_\_\_  
Referral Source: \_\_\_\_\_  
Phone: \_\_\_\_\_  
How did you hear about the program? \_\_\_\_\_

## HEALTH HISTORY

Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

*Please indicate current or past special needs in the following areas:*

	Yes	No	Comments
Vision			
Hearing			
Sensation			
Communication			
Heart			
Breathing			
Digestion			
Circulation			
Emotional/Mental			
Behavioral			
Pain			
Bone/Joint			
Muscular			
Thinking/Cognition			
Allergies			

**MEDICATIONS** (include prescription and over-the-counter, name, dose, and frequency)

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Describe your (participant's) abilities/difficulties in the following areas (include assistance required or equipment needed):

**PHYSICAL FUNCTION** (e.g., mobility skills such as transfers, walking, wheelchair use, driving/bus riding)

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**PSYCHOSOCIAL FUNCTION** (e.g., work/school including grade completed, leisure interests, relationships- family structure, support systems, companion animals, fears/concerns, etc).

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**GOALS** (i.e., why are you applying for participation? What would you like to accomplish)

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### PHOTO RELEASE

I (participant) ☐ DO

I (participant) ☐ DO NOT

Consent to and authorize the use and reproduction White Horse Equine Assisted Services, LLC of any and all photographs and any other audio/visual materials taken of me (participant) for promotional material, educational activities, exhibitions or for any other user for the benefit of the program.

Printed Name: \_\_\_\_\_

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Legal Guardian Printed Name: \_\_\_\_\_

Parent/Legal Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Participant Riding Time and Day Policy:

I hereby confirm that \_\_\_\_\_ (rider's first and last name) will ride each Sunday at \_\_\_\_\_ PM (riding time). If the rider no call or no shows 3 times, their riding time will be given to another rider on the waitlist.

I \_\_\_\_\_ *understand and agree to this participant policy.*

Printed Name: \_\_\_\_\_

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Legal Guardian Printed Name: \_\_\_\_\_

Parent/Legal Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### About the Instructor:

Elizabeth has been a Certified Therapeutic Riding Instructor since 2016, working with both individuals and groups helping them to build strength and achieve their goals. Elizabeth also works as an Applied Behavioral Analysis professional specializing in Autism Spectrum Disorder. Elizabeth incorporates ABA practices within her teaching to help her students get the most out of their adaptive riding lessons and feel confident in what they are learning. Elizabeth's philosophy of teaching is to create and execute a safe and enjoyable lesson that teaches her students in a way that makes sense to them. "Each student learns differently, and I want to ensure I am teaching to the needs of the rider. I want to create an environment where my students will be excited to learn and express their abilities and talents, as well make small achievements along the way".

### Instructor Information:

Elizabeth Davis

Email- [whitehorseequineservices@gmail.com](mailto:whitehorseequineservices@gmail.com)

Phone Number- 317-809-2877

Certified Therapeutic Riding Instructor

## Participant's Medical History and Physician's Statement

(This statement needs to be signed off by the participant's current physician)

Participant: \_\_\_\_\_ DOB: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_  
 Past/ Prospective Surgeries: \_\_\_\_\_  
 Medications: \_\_\_\_\_  
 Seizure Type: \_\_\_\_\_ Controlled: Y N Date of Last Seizure: \_\_\_\_\_  
 Shunt Present: Y N Date of last revision: \_\_\_\_\_  
 Special Precautions/Needs: \_\_\_\_\_  
 Mobility: Independent Ambulation Y N Assisted Ambulations Y N Wheelchair Y N  
 Braces/Assistive Devices: \_\_\_\_\_  
*For those with Down Syndrome: Neurologic Symptoms of Atlantoaxial Instability:*  
 \_\_\_ Present \_\_\_ Absent

*Please indicate current or past special needs in the following systems/areas, including surgeries. These conditions may suggest precautions and contraindications to equine activities.*

	Yes	No	Comments
Auditory			
Visual			
Tactile Sensation			
Speech			
Cardiac			
Circulatory			
Integumentary/ Skin			
Immunity			
Pulmonary			
Neurologic			
Muscular			
Balance			

Orthopedic			
Allergies			
Learning Disability			
Cognitive			
Emotional/Psychological			
Pain			
Other			

Given the above diagnosis and medical information, this person is not medically precluded from participation in equine- assisted services and activities. I understand that the PATH Intl. Certified Instructor (Elizabeth Sadler Davis) will weigh the medical information given against the existing precautions and contraindications. Therefore, I refer this person to this PATH Intl. Certified Instructor for ongoing evaluation to determine eligibility for participation.

Name/Title: \_\_\_\_\_ MD DO NP PA

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ License/ UPIN Number: \_\_\_\_\_